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Brett Hayhoe t/a Q Magazine

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q feature: HELIX MODEL SETH

Seth Peterson Gets His Groove Back

His Film Career is Skyrocketing, He Looks Better Than Ever, and He's Got a New Man
By Mike Bahr

Seth Peterson always dreamed of being an adult movie star but his boyfriend wouldn't allow it. Luckily, when they split, Seth wasted no time in pursuing his dream. He joined the team at Helix Studios and has already appeared in several of the studios biggest productions including Helix Academy Wrestling and Stealing Hearts.

When he's not working alongside the biggest names in adult film - Travis Stevens, Derek Shaw and Josh Brady, to name a few - Seth enjoys being by water, either on a boat or swimming. He also enjoys traveling, experiencing gay nightlife around the world, and discovering cute cafes where he can sip on Matcha Tea and make new friends. He's made plenty of friends at Helix Studios, and has found a replacement for the controlling boyfriend who tried to keep him from his dreams. Seth is dating his Helix co-star Aiden Garcia.

What was life like for young Seth Peterson?

I grew up in Southern California. I was a beach boy and very active and outdoorsy but also a bit of a nerd.

When did you come out?

I was 15 years old; a sophomore in high school.

That's young!

It was a little scary because I was afraid of what my friends and family would think, but once I had support from friends, it became easier to imagine a reality where I was open.

Tell us about your firsts.

My first kiss was with a girl in kindergarten. It was an 'I dare you to, no I dare you to' sorta thing. My first date was in high school. I hadn't come out yet and it was all secretive... it was followed with sex.

Were you always good at sex?

(Laughing) No. Bottoming is definitely something that took me a long time to get good at. I think I still have room to improve.



What led you to consider a career in adult film?

I graduated with a degree and didn't know what to do with it. Honestly, I kinda felt like I didn't want to do anything with it. I needed money, but I also saw potential for myself in the industry and thought it could be something I loved. And I did.

What is your idea of perfect happiness today?

A feast of friends all hanging out at the beach.

Greatest fear?

Fear.

Which living person do you most admire?

Aiden Garcia.

On what occasion do you lie?

Honestly, whenever I think I should.

What do you most dislike about your appearance?

I don't dislike anything about my appearance. Except for maybe the occasional pimple.

What is the quality you most like in a guy?

Wit, cleverness, grace.

Who is the greatest love of your life?

Aiden Garcia and my dog, Phoebe.

Which talent would you most like to have?

I would love to be able to speak multiple languages.

What do you consider your greatest achievement?

My degree in Neuroscience.

If you could change one thing about yourself, what would it be?

Self-doubt.

If anywhere on the planet were an option, where would you most like to live?

The beach; anywhere that's got some waves.

What career might you consider pursuing sometime in the future?

I haven't decided yet, but I always felt that being a firefighter was a calling. My dad is a firefighter and my grandpa on my mom's side is one. I love the idea of being active and helping people.

What is the one thing you might warn your young self about, if you had the chance?

It's important to keep connections with friends and family. I've been in the industry for two years now and there are times that I feel a little out of touch with the real world. This is not a normal job most people have and I'm mostly surrounded by people in the industry. (Laughing) I sometimes lose track at what real people are doing.

Who do you consider your closest friend at Helix?

Alex Roman. Period. I love that guy so much and I honestly feel like I'll never meet a soul like him.

If you were to hand out awards to your Helix co-stars, who would get the ribbon for best body?

Josh Brady.



Best Top?

Aiden Garcia. I may be biased.

Best Bottom?

Also, Aiden Garcia.

What would fans be surprised to learn about Seth Peterson?

I can play an entire Beethoven Sonata which is about an hour long.

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q life: with GABRIEL TABASCO

Part Two

Following on from the article in August 2022.

After the announcement, the six remaining men and I began making our way on to the stage. All of a sudden two of the boys in the group caved into their last-minute fears of standing on stage naked, with their cock erect, being measured by a drag queen called Bountiful Sublime. They quickly pulled up their y-fronts, zipped up their trousers and joined the ranks of the huddled masses on the club's dance floor where the audience of men, poised with their phones and semi-erect themselves from horny anticipation, were waiting for the spectacle. Or to put it succinctly: waiting for the boys who were about to come on stage to make a spectacle of themselves. And so now we were seven contestants, a drag queen and a mass of horny men waiting to see our cocks being measured.

'Ladies and ladies,' shouted the drag queen from a megaphone rather than a microphone, 'are we ready to measure some cock?'

The crowd cheered.

'I said, are we ready to measure some cock,' she screamed punctuating every word for effect.

The crowd roared.

'Then, without further ado, please welcome our seven victims, our seven fine specimens, please welcome the boys with their bits out!'

The crowd cheered with almost epileptic glee. Seeing penises on stage being measured. It was too delicious not to relish and not enjoy the discomfort of men who voluntarily allowed a drunk crowd to see a drag queen measure their manhood.

Standing at the entrance to the stage, where we were all waiting, I could feel my heart beating faster and faster. It felt like it was about to burst through his chest. At the same time my cock was rock hard and some pre-come was beginning to seep from the tip of my penis. It was exciting and scary at the same time. There was a tingling feeling all over me. Every part of my skin felt alive. I wanted to run away yet I was also aching to get out and strut my stuff. Though normally quiet, I could not wait to get naked! I loved being an exhibitionist. What would people's reaction be? Would I measure up in comparison to the other contestants? Would I measure up at all? Would the crowd cheer or boo me off stage? And could I win the \$250 that the man with the biggest dick would be awarded?

Looking around I was sure the same questions were running around the other contestants' heads. Surely the burly Brazilian would worry more about the size of his pecs than the size of his penis, especially after he spent about half an hour backstage with his penis in a pump and now inflated like an inflatable bed.

From the penises spotted backstage the Brazilian seemed to be the main contender for the title. His next erection could win him the title of 'biggest dick'. The two Italians could not have been more different; the one from Palermo was tall and muscular with a hairy chest and a head of dark curly hair while the other one from Como was shorter, cute, smooth with some baby fat that he kept as a souvenir after puberty came and went. On stage would they also be as different as they seemed backstage or would they surprise us?

THE BIG DICK COMPETITION

GABRIEL TABASCO

'Let me hear you say it,' said the drag queen 'cock! Cock! Cock!'

'Cock! Cock! Cock!' shouted the crowd in unison. Like Zombies they only had one thing in mind!

'Here come the boys!' the drag queen screamed, her wig almost falling off and her mouth practically salivating at her task at hand which was probably the best job in the world for the patrons of the club. One by one, all wearing different types of underwear we appeared on stage; either already erect or getting there. The penis of the Italian from Como seemed to have gone on strike. No bugler was poking out from his white y-fronts. The other Italian, seeing his compatriot as his competition and clearly wanting to claim the title Stallion, noticed it and tried to hide smirked.

One by one we made our way on stage and took our places under the hot lights. The lights were so bright we could not see the audience. All we could hear was the roar of cheers and whoops coming from the audience as some numbers were called out; number three for the Brazilian; number six for the jock from the Midwest. I noticed my number, number five, being called out but not to the degree of the others who drowned out all other numbers. As the lights dimmed slightly, we began to see more people, more smiling faces and cameras ready for recording the moment. We were stunned by shoots of endless flashes but interpreted the experience differently; the big Brazilian soaked up all the flashes; the burly Italian enjoying showing off his ass in his tight pants and the smaller, cuter Italian seemed confused; not quite sure what was happening nor what he was doing up on stage in front of hundreds of men in his washed-out y-fronts. I was secretly excited, scared but enjoying this and not really wanting to admit this to myself.

And then I saw Matt and Gary. They were shocked and surprised to see me. Gary gave me a big wave while Matt just gave me a thumbs up. I smiled at them and then felt my cock tighten a little more.

'First up' said the drag queen, looking at her clipboard 'Giuseppe from Palermo. Hands up for Giuseppe.'

The crowd yelled as the hot and hairy Italian stood forward as the first contestant to have his penis measured. He shared the spotlight with the drag queen but he stole the limelight from her completely.

'So, ladies and ladies, Giuseppe is 32, uncut, a builder, loves spaghetti, to sunbathe nude and loves blow jobs and rimming. He is in Key West visiting his grandmother! Honey, does she know you're here tonight?' the drag queen asked, which sent ripples of laughter through the crowd.

Giuseppe smiled not knowing what was happening other than having to publicly drop his pants. Clearly, he was mostly a pretty face, which was even better for the crowd. To them we were just sex objects. No need for names or personality. Just bodies.

'So Giuseppe, if you'd kindly lower... erm... just remove... can you... lower your...' said the drag queen pretending to be shy 'oh fuck it!' And like a flash she pulled his pants down. The shouts coming from the crowd were deafening. I was becoming scared but my penis was finding it exciting.

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'Oh honey. That's huge... but it's not even erect,' the drag queen said, patting his bare buttocks that were covered with a thin layer of dark hair. 'Perhaps you'd like some help?' She clicked her fingers and two slender, young twinks, around 20 years old, walked on stage in white pants and one on each side of him began to give him a hand job onstage. The crowd whooped and laughed and Giuseppe just stood there being touched.

Within a minute he was hard. Giuseppe was standing on stage, buck naked, with a giant erection.

'Thanks boys,' said the drag queen, 'he's mine now. Scoot,' she mimicked kicking them with her red high-heels. 'Now...' she began, putting on surgical gloves with a pink-feathery decoration where the hand went in 'remember to always be safe. All mine... Giuseppe, won't you step closer to the audience dear so I can measure your cock, honey.' Some whoop calls emanated from the audience.

Giuseppe shuffled forward, slightly hindered by his briefs still around his feet. The drag queen took out a builder's tape measure and placed it parallel to his penis. After a moment the drag queen shouted out after a long pause '...8.7 inches ladies and ladies! Have we found our winner already?' she shouted out as the crowd looked on, in a semi-trance as his supporters cheered!

'Ok. Ok. Hush all. Hush. We still have another six men to get through,' she said.

Visit www.qmagazine.com.au next month for Part Three.



DOG LOVERS SHOW[®]



q beauty: with MINX MWAHZELLE

Q Magazine Beauty Editor

North Shore Aesthetics

A fortnight ago I went up to Sydney, to meet the lovely ladies at North Shore Aesthetics, who very graciously offered Q Magazine an Ultraformer 2 treatment. None of us are getting any younger, least of all yours truly, so, as Beauty Editor I gladly jumped at the chance.

Ultraformer 2 is a noninvasive beauty treatment, that uses ultrasonic radio waves to penetrate down into the deepest tissues in the face and neck, in order to stimulate new collagen production. As we get older our bodies don't produce as much as in our youth, eventually stopping collagen production. So this treatment kick-starts that again, and as a result, gives you a facelift, without going under the knife.

Results vary from person to person, they say you have immediate results, however, I didn't see results until the next day when I had a chance to have a sleep and let my body process the treatment's effects. Results continue to occur for up to six weeks after the treatment.

The ladies at North Shore were absolutely delightful, friendly, informative, and nurturing. They were very knowledgeable about the procedure I had done, and were more than happy to answer any questions I had. The treatment itself took about two and a half hours, although would've probably been quicker if I had shut my jabbering mouth and let them do their work.

During the treatment, even though it's noninvasive, there are three different levels to the Ultraformer 2 process. The first, being the deepest, reaching the sub-dermal layers, in parts can be quite uncomfortable, depending on your pain tolerance levels. I personally found it quite manageable, and once the first level was completed, there wasn't any uncomfortableness, however, again, depending on your tolerances, that may be different.

The second level, which treats the next layers of the skin, doesn't penetrate as deep, and as a result isn't as uncomfortable as the first.

The third, being not uncomfortable at all, and quite easy to cope with. This treatment is quite effective for a noninvasive procedure, and I have been pleasantly surprised at the results so far that I have seen.

Others have noticed also without me saying anything about what I had done, noting I look more vibrant and "glowing" I think the quote has been.



So in conclusion, if you are feeling like you need a little bit of a refresh facially, because you feel the effects of ageing creeping up on you, but have reservations about getting cosmetic surgery, because of the price or fear of ending up on that "Botched" cosmetic surgery mistakes show.

Let me be the first to recommend this treatment. It costs far less than surgery, isn't invasive, you can get it done during your lunch break from work, and in my case, had results as soon as the very next day, for some, the day they have it done they can see differences.

I'd also like to recommend firsthand, the ladies at North Shore Aesthetics if you live in Sydney, or can travel there easily. The salon is very easy to find and get to, even on public transport, within 200 meters of the train station, so its very convenient.

Dont hesitate to call Anne, she will be more than happy to answer any questions you may have, and book yourself in for some rejuvenating treatment with good results. You wont regret it I assure you. I'll certainly be going back for further treatment to see the ladies there. They were wonderful from beginning to end.

For further details, the full range of products available and bookings, please go to www.northshoreaesthetics.com.au

Yours in youthful splendour,
Matt Maxwell aka Minx Mwahzelle



q family: LOVE, MARRIAGE, DIVORCE

THE 7 NEED-TO-KNOW FACTS WHEN SEPARATING

Working as a family lawyer, I've built a successful business around the principle that the formal aspects of separating can be simple. A couple's commitment to do it together and getting the right information at the right time are two contributing factors. Here's some of the right information you need to know about separating:

• **Fact #1:** There's no 50/50 rule or financial formula. Leaving aside incomes, you and your partner might've contributed differently, financially and non-financially, to today's finances (assets, debts, superannuation, and resources). Also, consideration needs to be given to how the decisions made during the relationship affect your respective futures. These matters must be reconciled to result in an appropriate outcome (aka just and equitable property settlement).



Quick tip: The strict legal approach is to divide the finances at the current date - not the separation date.

• **Fact #2:** Pre-relationship assets and super aren't excluded. People can directly and indirectly, contribute financially and non-financially to one another's assets and super during a relationship.

Quick tip: The value initial contributions can be offset or erode over time. Rather than expend energy justifying a proposed financial split based on the value of pre-relationship assets, focus on a division that you're both comfortable enough with to agree and move on.

• **Fact #3:** 50/50 care of your child mightn't be in their best interests. Research tells us a child should have stability, certainty, a safe environment, and the younger they are, a primary attachment. Circumstances and your child's age may mean that it's not in your child's best interests for them to live 50/50 right now.

Quick tip: The law requires a child's care arrangements to be in their best interests. Explore what this could look like for your child with a child psychologist to help you agree, noting 50/50 care might be appropriate in the future if not right now.

• **Fact #4:** Superannuation is on the table. Decisions made during a relationship generally, directly and indirectly, impact the superannuation a person contributes. A superannuation split should account for the impact of the decisions made on the past and future.

Quick Tip: There's no legal requirement to split superannuation, provided the overall financial separation agreement is appropriate in the eyes of the law. Some couples opt for a cash-super trade-off. Get financial and legal advice if you're considering this.

• **Fact #5:** Most couples have an amicable separation. The majority of separating Australian couples will reach a separation agreement without going to court. Communication, respect between a couple, their commitment to reach an agreement, and the right information assists with this.

Quick Tip: Continue communicating with your partner if you can, and preferably in writing. Written communications (particularly email) allow a person to read, sit, and digest the content before responding without requiring an immediate response.

• **Fact #6:** Your separation is not a legal issue unless you can't agree. A human approach is required to reconcile possible outcomes with emotions, and your and your family's needs, and priorities. You can have a one-off advice session with a lawyer to set your expectations about appropriate parenting, child support, and financial outcomes. Then, use that information to help you agree with your partner.

Quick Tip: Get proper advice early on from a collaboratively trained family lawyer. Collaborative lawyers have undergone voluntary training to help couples stay out of court.

• **Fact #7:** Your mental health doesn't automatically get better. The absence of emotional connection during and after one of life's most stressful events sees men's mental health dive.

A stressful life event increases men's risk of depression and suicide and doesn't resolve simply because the event has finished. It's your responsibility to prioritise your mental health and well-being. You're deserving of support, and there's help available.

Quick tip: Speak with your GP about what's going on for you emotionally, mentally, physiologically, and physically. Check out MensLine Australia for resources and a support services list.

Siobhan Mullins, author of The Guys' Guide to Separation And Divorce, is an award winning, collaboratively trained family lawyer and founder of Separate Together, a family law firm best known for making the complexity and anxiety of separating simple and easy.

For more, visit <https://separatetogether.com.au/the-guys-guide-to-separation-and-divorce>

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SIOBHAN MULLINS

q mental health: 4 HANDY HINTS

4 small ways I learnt to boost my mental health – and how you can do it too

Many of us have experienced mental health issues at some point, especially with the uncertainty of the past two years. I'm certainly no different. Coming from a past of drug abuse, crime, and obesity, I know what it feels like to be stuck down a dark hole. It took me many years and consistency to dig myself out – but I did it. I'm not saying things are perfect now, but in comparison to my past it's pretty darn close. My journey has taught me that in terms of mental health, learning to look after yourself first is an important first step. Recognising and staying away from stimuli that impacts your state of mind is also key.

Here's four keyways I learnt to boost my mental health:

1. Change what you watch

You may not realise it but what you watch is impacting your mind and beliefs. When sitting down watching TV, you know that “zoned out” state you get into? That's your brainwaves going into a similar frequency as hypnosis, which means you are highly open to receiving & storing information. Think about what you're consuming – is it endless depressing world news? Emotionally draining dramas? Whatever you are watching, it's programming your mind. So think about changing your viewing habits. It might seem sensitive, but what is more important to you... your mental health or entertainment? Since getting rid of my TV, my mental health and self-talk has dramatically improved.

2. Your People

When you reflect on who you're spending most of your time with, are they bringing you up or bringing you down? Do they leave you happy and inspired or drained and angry? Who we spend time with can dictate our behaviours and thoughts. Make sure you spend it with the right people that bring positivity into your life. Remember so take some responsibility though ... maybe you're actually the negative one? Reflect whether you need to shift your energy and perspectives. You are the person you hang out with mostly, so make sure you're a cool person to hang out with.

3. Phones

Do you have healthy boundaries with your phone? Not many of us do, and it's another brutal source of stress that you don't need. The relationship with your phone is similar to any relationship where



there needs to be limits. Why not give yourself an hour in the morning without the stimulation. The texture of your morning becomes so different when there's space away from your phone. You feel more grounded, centred, and life becomes more alive. One simple boundary to put in place is that if there is food on a table in front of you - put your phone away. Honour your food. Taste your food. Be thankful for your food. Around the world, a child dies every 10 seconds from hunger, so be thankful and present while eating.

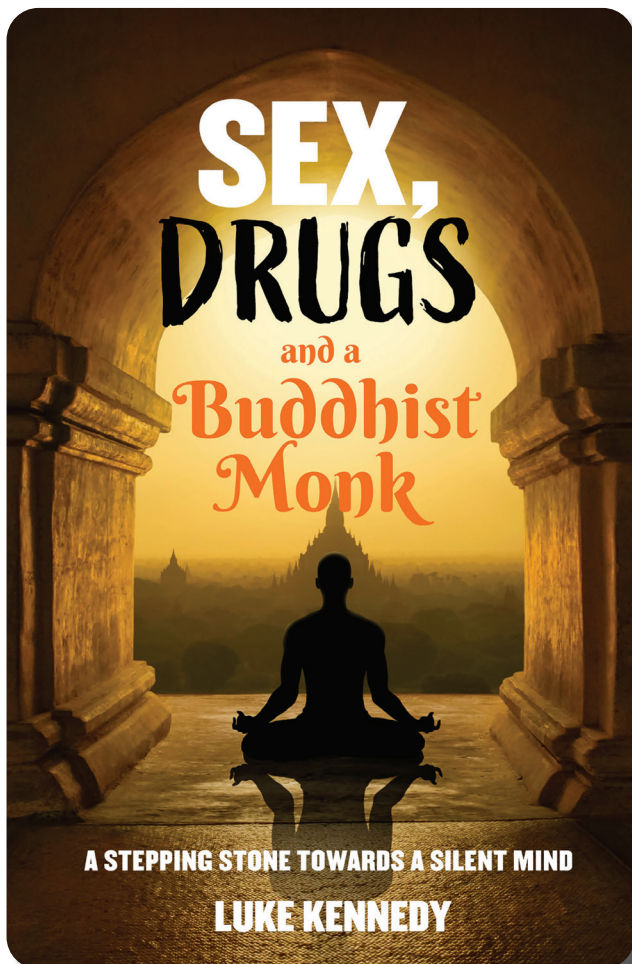
4. Exercise

Studies show that if you're not active, you're 60% more likely to have depression. When I was morbidly obese, I didn't move besides a stroll to the fridge. I was shameful of my body and felt like garbage and this compounded my mental health issues. I would pretend my weight didn't bother me, but internally, it cut away at any confidence I had. Not being active kept me inside a lot, which resulted in a Vitamin D deficiency (Vitamin D for mental health and overall wellness is super important) and didn't allow a flow of my energy. If you're not moving, the energy in your body has nowhere to go and instead builds up to form an internal tension and anxiety. When being active, we give our energy a chance to flow through and out of our body.

I started with walking home instead of getting picked up. Even that was tough at the start, but after losing a couple of kilos, I then started doing little jogs on my walk home. One day, I managed to run the whole way home. That did amazing things for my confidence! From there, I started boxing and went on to lose 50 kilos and competed & won an NSW amateur state title. Exercise gets you out of your head and into your body. It makes you forget about the outside world and it's an active meditation. Move your bodies!

When I was younger, I thought I was the only one with a voice in my head feeding me negative thoughts and an overactive mind. However, we all are impacted by the loud mind, just to different levels. It's little repetitive things that you may be doing that are causing your noisy mind, so it can be little repetitive things we can do (or stop doing) to reduce them. We all have the power to make our own positive changes. You can do it.

Luke S Kennedy is a motivation speaker and author of Sex, Drugs and a Buddhist Monk (Gelding Street Press, \$32.99). Available where all good books are sold and online at <https://www.geldingstreetpress.com>



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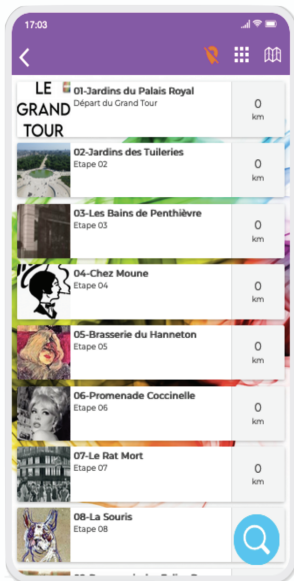
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q book: IF I WERE YOU EXCERPT

MEMORIES OF GAY ADVENTURES IN MEXICO

(EXCERPT FROM: "IF I WERE YOU - A psychologist puts himself on the couch" by Peter Quarry, Hardie Grant Books, 2022)

As I recall them now, nearly forty years on, my memories of Puerto Vallarta have a hallucinatory, almost surreal quality for me.

That's where I met Micky...

'You gotta cigarette?' I heard his Southern drawl, with just a hint of a Latino accent.

Micky was eighteen, shockingly handsome, with a body better than any Greek statue. He was a very cheeky half Mexican/half Texan, with a nervous energy that today would probably be diagnosed as ADHD. His young voice was already gravelly because of his chain smoking.

I was sunning myself at a small cove tucked away from view; a place of golden sand and small rocky outcrops. Drawing deeply on the cigarette I'd provided, he sat next to me and we chatted.

Having been recently expelled from the Texas Military Academy, Mickey was staying alone at his parents' hillside villa where we later had our first, poolside sexual encounter.

We started hanging out and spent our days at the beach swimming, sunning, smoking, sleeping. And having sex. He was adorable, irresistible and intoxicating. I couldn't get enough of him.

Mickey coached me about Mexico, taking me to the non-touristy areas of town where we would eat chargrilled huachinango, on a stick with cebollitas. He was the first to explain to me the grammatical intricacies of Spanish, with its two versions of the verb, 'to be'. We visited dilapidated cantinas to drink and sing with grubby, boisterous locals. He taught me how to appreciate tequila.

At night, we danced at the Piano Bar, oblivious to everyone else in the room. Mickey would stay in my room at Hotel La Rosita, not raising the slightest concern from the senorita at reception. I'd study him as the first hints of daylight seeped through the tatty curtain, his head resting on my extended arm, a little corner of sheet draped over his shoulder, his hair falling limply over that beautiful face, now motionless.

Even in that dreamy instance, I had a clear sense that I was laying down memory tapes, as recollections I'd replay many years later.

Mickey wasn't the first handsome eighteen-year-old I'd ever been with. My partner back in Australia was eighteen when I'd met him five years earlier. But whereas then I had an agenda and the relationship had a future, with Mickey it was pure, uncomplicated, indulgent fun. I knew it wouldn't last and I didn't want it to.

This was living in the moment and feeling free to love fully, for the moment. The relationship with Mickey had a quality that belonged more to adolescence than adulthood. There, as he lay next to me in the early morning light, I realised that he was the teenage lover I'd never had when I was a teenager.

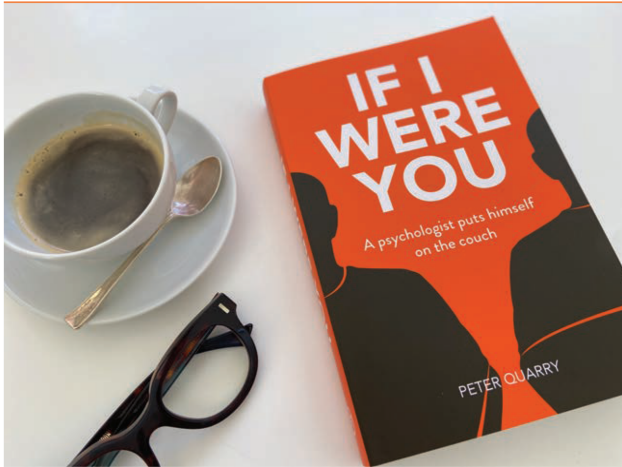
Next month we'll have another excerpt entitled My First Acid Trip

We certainly hope you enjoy them - especially enough to go online and grab yourself a copy of the full title.

IF I WERE YOU

A psychologist puts himself on the couch

Hardie Grant 2022



SYNOPSIS |

In this fascinating and original book, Peter Quarry skilfully deconstructs his own life, showing how you too can unpack and reboot yours.

As sex and drug addicted 'Pete', he describes his sometimes shocking, always colourful background. Then, as internationally recognized psychologist 'PQ', he analyses it with compassionate, yet clinical, objectivity. The result is a work of insight and practical wisdom.

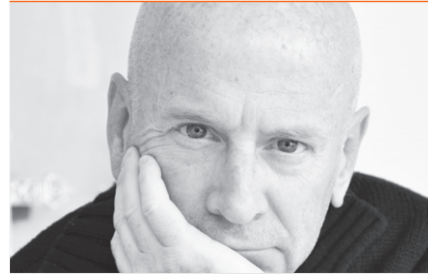
In putting himself on his own couch, Quarry will inspire you to reflect on your life's journey and give you a toolkit to confront the curveballs inevitably heading your way.

REVIEWS |

"Raw, incredibly honest... a compelling read." **SIMON TAYLOR** Comedian

"Very clever and creative."
JAMIE GARDINER OAM Human Rights LGBT Activist

"Peter delivers... with warmth and authenticity." **KY GARVEY** TotallyLit Podcast



ABOUT |

Peter Quarry is a queer multi-award winning psychologist, whose 1000+ video-based training programs are used by companies, universities and organisations in over 20 countries.

He was 'Resident Psychologist' on Good Morning Australia for seven years and is a sought-after public speaker.



CONTACT |



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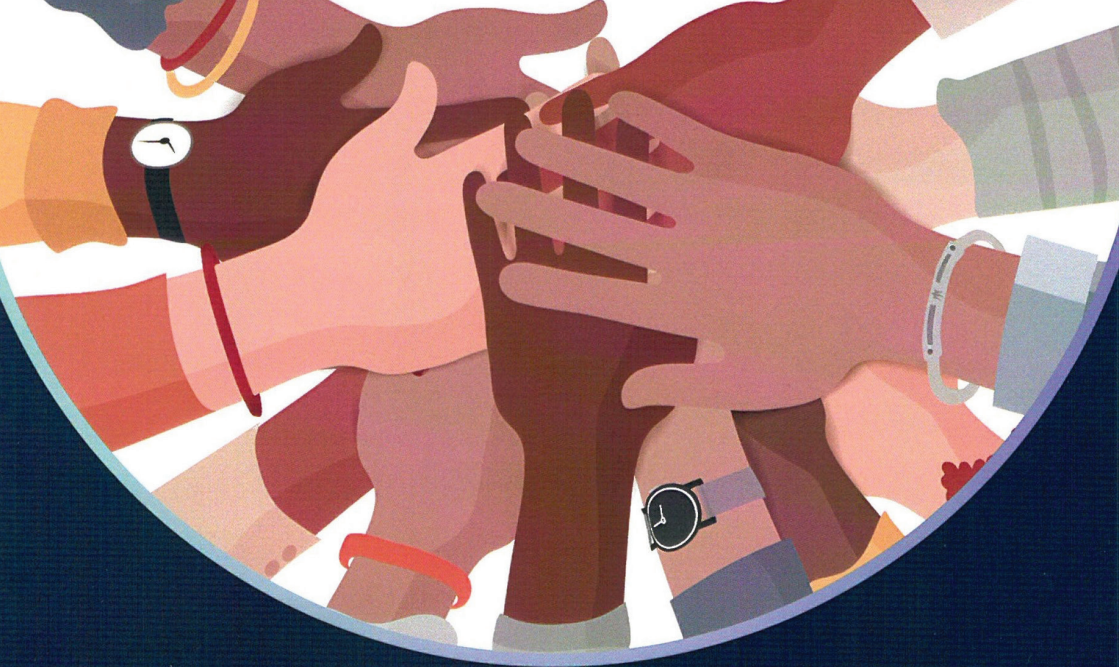


peterquarry@yahoo.com

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POP FIZZ

**SIZZLE
POP FIZZ**





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We respect your culture, lifestyle and faith.*

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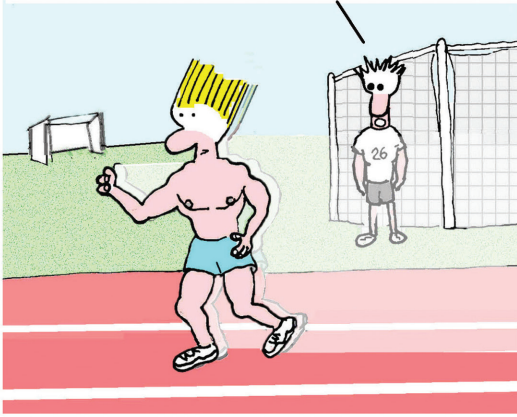


Relationships Australia.
SOUTH AUSTRALIA

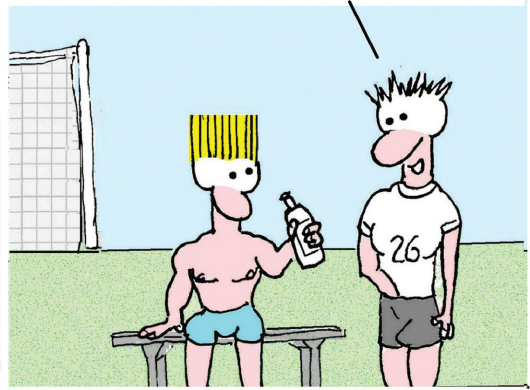
The Government of South Australia contributes funds to this program

GAYLORD BLADE

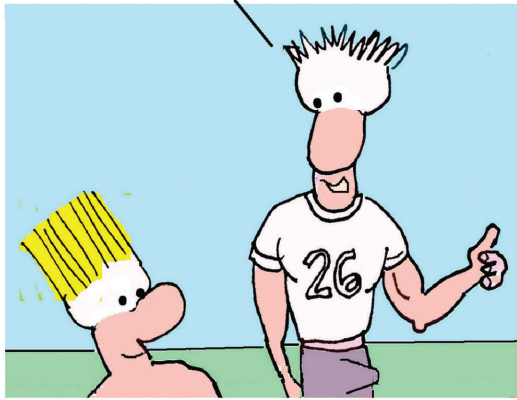
Sweet Jesus, that runner has a hot bod!



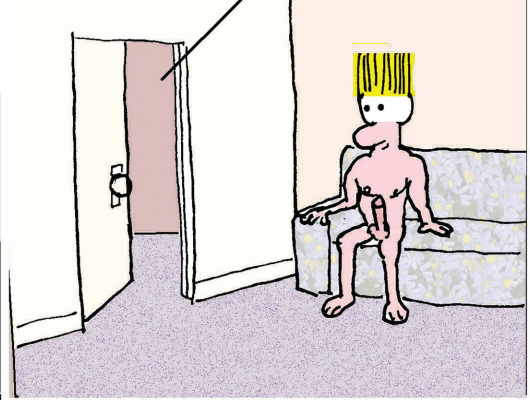
Hey spunk, you've got good form and I don't just mean your running



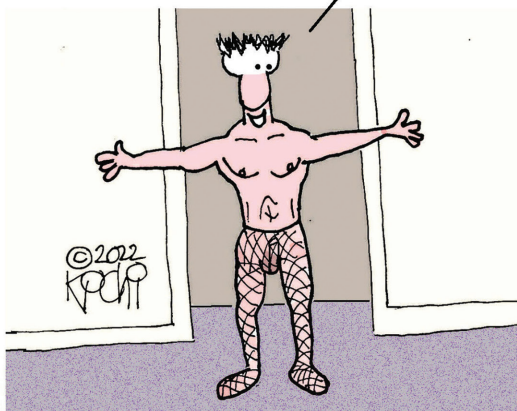
why don't you join me at my place and I'll serve you a tall drink of me!



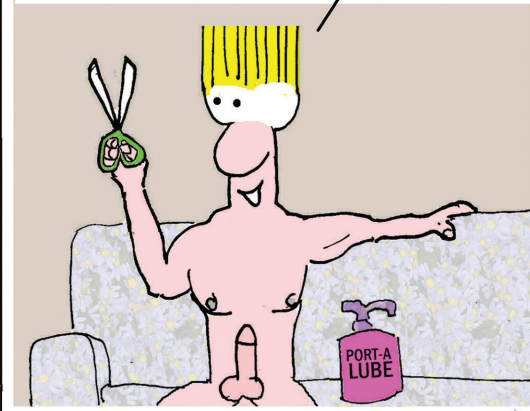
I'll be out as soon as I slip into something comfortable

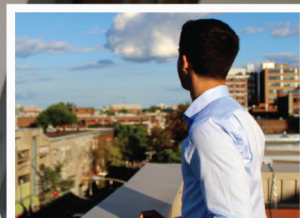


Fishnet hose! Whatdaya think?



We sluts always come prepared!





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